

the

Wellspring

Out of the believer's heart shall flow rivers of living water
John 7:38

Published quarterly
Volume 14
Issue 3



GATHER all people into a living relationship with Jesus Christ
 GROW as disciples through worship, prayer and study of God's Word
 GO into the world to share the gospel in word and deed



Bethesda Lutheran Church

GATHER...GROW...GO





Humbly Receive His Grace

~ Pastor Bryan Simmons

Those conflicts and disputes among you, where do they come from? Do they not come from your cravings that are at war within you? You want something and do not have it; so you commit murder. And you covet something and cannot obtain it; so you engage in disputes and conflicts. You do not have, because you do not ask. You ask and do not receive, because you ask wrongly, in order to spend what you get on your pleasures. Adulterers! Do you not know that friendship with the world is enmity with God? Therefore whoever wishes to be a friend of the world becomes an enemy of God. Or do you suppose that it is for nothing that the scripture says, "God yearns jealously for the spirit that he has made to dwell in us"? But he gives all the more grace; therefore it says, "God opposes the proud, but gives grace to the humble." - James 4:1-6

After reading this passage from James, you might be thinking, "I haven't murdered anybody. I'm not as bad as the people James is talking about, so there." Now, if you weren't dismissive while reading, you might be lying to yourself. The sights are on all of us in this passage, murderers or not. James' accusation that we are adulterers stings the most in the end.

We say we love God, but our actions reveal that we truly love ourselves, making friendship with this world, for it is easier to place our faith in created things that we see than the eternal things that we don't. And who better than ourselves to be the masters of our fate? The problem is that this is the source of our struggles within the world. It's a problem as old as time, when Adam and Eve decided that having all their needs met wasn't enough, when Cain decided that Abel's death would leave only himself to be exalted.



Even religious things we do can fall into this trap. We sometimes worship not to humble ourselves before the Lord but to feel good about doing the "right thing." We sometimes serve the poor not out of the sacrificial love of Christ, but to please ourselves, elevating ourselves about the "least of these." None of us are immune to this. Our love affair with ourselves in this world of created things is our enmity with God. It causes all kinds of sin throughout the world, bringing pain and strife instead of peace and joy.

But wait, you might ask, isn't being a Christian all about salvation by grace through faith in Jesus Christ? Absolutely! Being a Christian is the easiest thing in the world that way! But, being a Christian is also the hardest for once you know the immense love of God which brought Jesus Christ to sacrifice all of himself for all of us, you realize there is a kingdom beyond this world, a kingdom founded on this very sacrificial love. It puts you at enmity with the very created world itself and all the selfish desires and senseless pain that comes from it. Now you are caught in between Heaven and Earth, a citizen of Heaven but very much living every day left of this mortal life in this fallen, sinful world. It can be overwhelming, and when we proudly try all other ways, we are left powerless before our God. It is only in this humility that we can truly receive the grace God offers and serve the world the way God intends.

The anger and bitterness you feel towards others in this world stems from our pride and selfishness that refuses to die. Only when we give in can God truly come in and heal the world through us as our hearts are changed by God's amazing grace. May this truly be so for you, as you see the world more and more through God's eyes.

Yours in Christ,
Pastor Bryan Simmons



Bethesda on the Move

~ Ron Morgan Council President

Bethesda is on the move again. Since my last letter, we confirmed new members, had our semi-annual meeting to approve the funding for the Crossroads room and the changes in Bylaws, sent a group to Tanzania, and had a great 4th of July parade. The Council is working on updating the Continuing Resolutions, including new language about the dispersion of Endowment Fund Income.

We also won the “Best Place to Worship in Story County” for the second year in a row. Quite the accomplishment! This goal was established to increase awareness of our church. It has been quite successful at bringing people in the door to look at us. It seems that we have new faces at every service. It is right to celebrate this success. This is only one aspect of the first line of our mission statement which calls us to “Gather all people into a living relationship with Jesus Christ.”

As I talk to visitors, they often tell me they are considering Bethesda because they have a connection—a friend, a neighbor, or a feeling of connectedness to an activity that Bethesda sponsors. This feeling of connectedness is also why many people who are already members remain at Bethesda. To quote one of our members, “I love the people of Bethesda; they are good, devoted, friendly and cheerful.” And yet some people, reluctantly, leave Bethesda for other churches or no church at all. Some reasons are understandable—a 200 mile commute is unrealistic. Other reasons are not so clear cut, but we need to know them. To quote an Iowa

chaplain, “People want to be seen, heard and valued.” My challenge to each of you is to prayerfully consider how we can all nurture the connectedness that is a major component of “Gather.” What do you need, either as a new or continuing member of Bethesda, from the church? Please let me know what you are thinking. My email is ronald.morgan.dvm@gmail.com. If you want to talk, send me your phone number and a good time to call—it is easier for me to call you, because if I am on the tractor, I can’t hear the phone ring.

We have a lot going on this fall and much work to do. Volunteers are always welcome and usually find it is a great way to get connected with other members. Some of the fall activities include **1)** the Crossroads (formerly the library) renovation, **2)** the Facilities Ministry Team renovation of Bethesda’s duplex. **3)** the BBQ cook-off (August 18), **4)** the Amazing Chemistry Show for Rally Sunday (August 25), **5)** Oktoberfest followed by a special outdoor Polka service at 4:30 p.m. (September 7), and **6)** Scandinavian Coffee 2019 (November 2).

The Bible describes the way and gives us answers to living a fruitful and meaningful life. It is understandable that we don’t all interpret or act on the message of the Bible in the same way. But, if we keep the Good News of Jesus Christ in the forefront of our activities, and we love our God and one another, our church will remain viable and grow for years to come.

May God’s love go with you.
Ron Morgan



This family-friendly event is open to everyone! **Activities for youth and adults** include: Polka music, dancing, German food, beer & wine garden, non-alcohol beverages, photo-op display, alphorn karaoke, and an interactive demonstration from Star 1 canine search & rescue group. There is no admission fee. **Invite your family, friends and neighbors** to the celebration!

A special **outdoor Polka worship service** with Bethesda musicians and the Blue Stem Bellows Band **begins at 4:30 pm.**





Youth Programming & Family Events

~ **Dan Hinderaker** Director of Youth & Family Ministries

SPLASH Faith Formation

Begins Sunday, September 8

Be sure to get your pre-K–5th graders registered for SPLASH at www.bethesdaames.org/children/, or at the Welcome Center. We will continue with the classroom format and teachers for pre-K through Middle School. Pre-K will continue with the “First Look” curriculum, Kindergarten through 5th grade will continue with “252 Basics,” and Middle School will have opportunities for small group discussion, journaling and Bible study along with fun games and fellowship.



OASIS Confirmation

Begins Wednesday, August 28

A mandatory meeting for 6–8th grade students AND parents will be held in the Commons at 7:00 pm on August 28. Weekly confirmation classes for 6–8th graders will begin on Sept. 4 from 7:15–8:15 pm. We will continue with the “Here We Stand” curriculum for our confirmation students again this year.



8th Grade Confirmation Retreat

September 20-21

An important part of our Confirmation program is building-in time for our group to bond outside of our weekly class times. On September 20-21 we will attend our 3rd annual 8th grade Confirmation Retreat at Riverside Lutheran Bible Camp. We will be enjoying the outdoors, having Bible study with the pastors and challenging ourselves on the Riverside Challenge course. We look forward to a great weekend together!

SPLASHFEST August 28



Kick-off our Living Water Wednesday program year with a SPLASH on August 28 from **5:30–7:00 pm!** Sign up for a chance to be dunked in the DUNK TANK. Enjoy some burgers or hot dogs and hang out with your friends on our Bethesda patio. We'll have yard games, 9-square and more!

Family Movie Night

Sunday, September 22

EVERYONE! Come out and enjoy a night of popcorn and a movie on the Bethesda patio, beginning at 7:30 pm. We will be showing the movie “**The Kid Who Would Be King.**” Old-school magic meets the modern world—together, they must save mankind! Invite family, friends and neighbors to this one!



Middle School Lock-In

October 11-12 . . . UNI, Cedar Falls, Iowa

Plan to attend the annual lock-in for Middle School youth from the central Iowa area. Students will join in games and activities at the **UNI Wellness and Recreation Center**, worship service, a large group activity, and a meal with lots of pizza! The event will be filled with inflatables, there is a climbing wall for all to use, basketball courts, swimming pool and more!

Stewart Farm—Fall Bonfire!!

October 27 . . . 3847 550th Ave, Ames

From 5–7:00 pm we will gather at the Jim & Jeanne Stewart Farm for a bonfire, hot dog and marshmallow roast, games and fun! All are welcome!

Trunk or Treat October 30

Join us again this year on Wednesday, October 30, from 6:30–7:30 pm. Bethesda will be converting our parking lot into a festival of decorated car trunks. From 6–6:30 cars will be parked and decorated(!) Then at 6:30 the entire community is invited to come to each car and collect treats. Let's fill the lot! Under the parking lot lights, there is no safer place to be for this Halloween season. Enjoy purchases from a local Food Truck, along with all the hot chocolate you can drink! Get your costume ON! And join us for this awesome annual celebration.





CROSSROADS (Room #114)



We have removed the all books and shelving units from Crossroads. Bookshelves needing new backs were repaired, and we cut off the back of one to fit in front of the heat return. Ceiling tiles have been removed, and saved if they were good. Several extra volunteers helped with both projects. On August 12, Nelson Electric will be onsite to start the electrical work. Between the wiring and new grid work, it should take a week to complete. When the new lights are in we will pick a paint color and paint. The flooring is being scheduled by Shelley Meinhard.

Our hopeful date of completion is in time for the Scandinavian Coffee (November 2).

Notes from the Library

Until the Crossroads room is opened anew there is no church library online or in-house, but we encourage you to “Keep reading!” See *Gather*, *Living Lutheran*, and *The Christian Century* in the wall displays behind the Welcome Center, and then please return them for others to read when you are finished.

2nd–5th graders can enjoy “Pockets,” and teens can enjoy “Devozine.” Adults can enjoy them, too☺ Take the time to browse through these excellent magazines. The articles are all timely and educational. Enjoy!

Bethesda Charter Boy Scout Troop #140

~ **Tom Brumm** Scoutmaster, Troop 140

Bethesda Lutheran Church has chartered (sponsored) Boy Scout Troop 140 since 1986. The troop, part of the U.S. and world-wide scouting movement, works to achieve the three basic Aims of Scouting: (1) character development; (2) citizenship training; and (3) mental and personal fitness. The eight methods of scouting, the ways in which we achieve the Aims, are described here: <https://youtu.be/mSmb1ND09To>.

Troop 140 has 38 Scouts (ages 11-17) and 18 registered adult leaders (Scouters). Numerous parents and other adults help in various ways.

The troop is always busy. We meet three times a month and camp every month. We perform service in the community and attend summer camp. Here’s a few troop highlights of the past year:

- Three young men earned the rank of Eagle Scout: William Brumm, Peter Jaynes and Jeffrey Marsh. Scouts in Troop 140 earn this rank at about 3 times the national rate. 89 Scouts from Troop 140 have become Eagle Scouts. You can see the plaque with all Troop 140 Eagle Scout names in the Bethesda Lutheran Church Commons.
- Two Scouts were inducted into the Order of the Arrow, the national honor society of Scouting: Zak Buffington and Alex Eichhorn.
- The troop sent a crew of 8 Scouts and 3 Scouters to Philmont Scout Ranch for a two-week backpacking trek in the mountains of New Mexico. (EDITORS NOTE: Our own Dan, David and Ryan Hinderaker were part of this expedition!)

- One Troop 140 Scout attended the World Jamboree at the Summit Bechtel Reserve in West Virginia.
- 25 Scouts attended a week-long summer camp at Camp Mitigwa.
- Troop 140 Scouts earned over 100 merit badges and worked on four conservation service projects.
- Camping activities included kayaking, spelunking, backpacking, hiking, winter camping, disc golf, railroading, nerf wars, fishing and board games.

Troop 140 is grateful for the support of Bethesda Lutheran Church in helping our Scouts become men.



Troop 140 Scouts and Scouters at Camp Mitigwa in July, 2019. (Photo by Steve Fox.)



Bethesda People

IOWA STATE UNIVERSITY
College of Agriculture and Life Sciences

Search CALS

Iowa State University Names New Statistics Department Chair

July 24th, 2019

AMES, Iowa — Iowa State University's College of Liberal Arts and Sciences and College of Agricultural and Life Sciences announced today the appointment of Distinguished Professor of Statistics Daniel Nettleton, the Laurence H. Baker Chair in Biological Statistics, as chair of the [Department of Statistics](#).

Nettleton, a national leader in statistical genomics, will begin his five-year term as chair effective Aug. 16. He succeeds Max Morris, who will remain a professor in the department.

"The Department of Statistics has done much to support me over the years," Nettleton said. "I look forward to giving back to the department in my new leadership role and helping the department and its people prosper in the years to come."



Dan Nettleton

Communication Res

[News Releases](#)

[CALS Online Faculty & Staff](#)

Read more about Dan Nettleton's appointment at www.cals.iastate.edu/news/releases . . .

Welcome New Staff

Visit bios at www.bethesdaames.org/about-us/staff

Lindsay Peters

Youth Ministries Specialist (6-12th Grade)

We are pleased to introduce Lindsay Peters as the newest addition to our Bethesda youth staff. Council approved and Lindsay accepted the position in late July. Lindsay has been a confirmation teacher for the past three years and has developed a strong connection with many of our youth. She will make a wonderful addition to our staff!



Miriam Chadima

Volunteer Coordinator

A warm welcome to Miriam Chadima, who began her position the first week in August. Miriam is a recent ISU graduate, having majored in Anthropology and Religious Studies. In her role as Bethesda's volunteer coordinator, she is excited to continue to grow in her personal and religious life as she serves, and encourage others to serve in the Bethesda Lutheran and Ames communities.



Retirement Congratulations!

Congratulations on your retirement, Dr. Larry Otteman (McFarland Clinic Oncology/Hematology).





BETHESDA WOMEN

Karla Mortenson (Pres.); **Lindsay Peters** (VP); **Gretchen Mosher** (Sec.);
Barb Conis (Treas.); **Carolyn Ahlstrom, Jo Hutchins**



Bethesda Women Fall 2019

Fall will be invigorating for Bethesda Women! In September there's a Women's Retreat at Riverside, in October Bethesda will be the host congregation for the Synod Women's Retreat, November is Scandinavian Coffee, and December is our Christmas Gathering and Elections.

SEPTEMBER:

Women's Retreat at Riverside Lutheran Bible Camp

Sat-Sun, Sept 28-29 Each fall, women of all ages, young and wise, gather together at Riverside for two days to retreat together at God's beautiful camp. This weekend is a time to get refueled for the season as we get pointed in the direction of Jesus through gospel-centered teaching and time alone with God. For registration information visit www.riversidelbc.org/womens-retreat.

OCTOBER:

Tri-Synod Women's Retreat at Bethesda

Fri-Sat, Oct 4-5 The theme is "Love and Compassion," and all three Iowa Synods are invited to participate this year! Let's get this on your calendar and have Bethesda Women well-represented!

Registration forms are on the Women's Ministry Bulletin Board. We will also need women to make coffee and other light kitchen duties for the Friday Night Salad Supper, Saturday morning Cinnamon Rolls, and Saturday's catered lunch. Look for sign-ups as the event gets closer.



NOVEMBER:

Scandinavian Coffee

Sat, Nov 2 is the date this year! How will you choose to participate? You can volunteer your time at the workshops, setting up, helping on event day, and packing up afterwards. You can bake at home for the Bake Shoppe. You can make a monetary donation. You can attend and bring a friend or neighbor. You can help us get the word out by telling your family, friends, and neighbors to come to Scandinavian Coffee! Whatever you choose to do, Bethesda Women appreciate your efforts!



DECEMBER:

Christmas Gathering & Elections

Sat, Dec 7 will be the annual Christmas Gathering and Elections. We will have our Gather Bible Study in the morning, take care of some business and elections, and then enjoy the season with Christmas Carols and Luncheon. Look for more info as it gets closer!

GATHER Circle Bible Study

All the Circles have combined to meet, as usual, on the 4th Thursday through the summer months. We are hoping that more women will participate in this vital Bible Study and that as participation increases, we can then break off into two or three smaller groups again. Bible Study is from the *Gather* Magazine, extra copies are available on the Women's Ministry Bulletin Board. New subscriptions to *Gather* Magazine are currently half-price (\$9.95/yr)!

4th Wednesday @ 7:15 pm
(resuming in September) Crossroads (#114)

4th Thursday @ 9:30 am
. Conference Room



Welcome New Members!

Keith & Peggy Kohler

Peggy Cigrand Kohler and Keith Kohler have been living in Ames since 1988 and consider it home.

Peggy is originally from Cascade, Iowa, while Keith grew up in Remsen, Iowa. Their grown children . . .

- Clare Kohler, married, living in New York City. Clare works as a research technician at the Advanced Scientific Research Center,

- affiliated with The City University of New York (CUNY). Her husband Peter works in Manhattan at Bloomberg International.

- James Kohler, is married to Kelsie, and they have a 6- month old daughter Brynnlie. They live in Iowa City. James is an MD, currently in residency at U of Iowa Hospitals in Orthopedic Surgery. Kelsie is an RN working at Stead Family Children's Hospital.

Peggy is retired but previously worked in social services for Story County for over 27 years. She received a bachelors degree from UNI. She enjoys family time, being a new grandma, her dog, volunteering, quilting, movies, and friend get-togethers. Their dog (Lucy) is a 10.5 year old german short hair/pit bull.

Keith has worked in Agronomy for nearly 40 years, and is currently in his 26th year with the Agricultural Research Service of the USDA. He holds a BS degree in Biology from Morningside College (IA), and an MS in Soil Science from Iowa State. He enjoys family time, AHS and ISU athletics, fishing, our Minnesota cabin, and his new role as a grandfather.



Jeremiah & Jocelyn and Paisley Kovarik

Jocelyn and Jeremiah Kovarik were married in 2014 and currently reside in Ames. They were recently blessed with a daughter,

Paisley, who was born in October 2018.

Scout, their Bluetick Coonhound, helps keep the family active.



Jeremiah grew up in Cambridge, Iowa and attended Ballard High School. Jocelyn attended Prairie Valley High School in Gowrie, Iowa. Their parents and siblings reside close-by in the central Iowa area. Jeremiah is employed as a Project Manager at ACI Mechanical, and Jocelyn is an Academic Advisor and Women's Basketball Assistant Coach at DMACC. The couple both completed Associates Degrees at DMACC. Jocelyn obtained her Bachelor's in Finance through ISU in 2009 then later returned to complete her Master's in Higher Education. The couple were both involved in college athletics, and they still enjoy watching and supporting ISU and DMACC athletics. They believe any time spent with family and friends is time well spent.

Drew & Lynzee, Noah, Lucy and Macy Makowski

I am pleased to introduce myself and family, Drew and Lynzee Makowski followed by Noah (2.5), Lucy (2.5) and Macy (almost 1yr-old) and Remington the dog (4). We have been residents of Ames for 7.5 years and current residents of our home for 5.5 years. Both Lynzee and Drew are working professionals,



Lynzee just completed her Nurse Practitioner Graduate degree and is currently working at Blank Children's Hospital in Des Moines as a pediatric nurse, and Drew is an ISU alum, currently an Analytical Chemist with focus on but not limited to fat soluble vitamins, amino acids and metabolites, here in Ames for a private company. With a house hold full of young minds we are always on the move and love spending time with family and friends and outdoors as much as possible.

Worship with Backpack Blessing

FOOD on a STICK

Wed. Aug. 21 5:30 pm

B.J. & Jill and Sadie McGinn

B.J. and Jill currently reside in Boone, but are originally from Cedar Falls, both graduating from Cedar Falls High School. B.J. received his B.A. from the University of Northern Iowa and his M.S. from Wayne State College. Jill received her B.A. from Waldorf College and her M.S. from Columbia Southern University.

B.J. is currently the Director of Athletics at Des Moines Area Community College, where he previously coached men's basketball (9 years as head coach and 3 years as assistant coach for Orv Salmon). B.J. serves as Boone's Ward 2 City Councilman, and is a member of the

Boone Chamber Ambassadors, Boone Kiwanis, the National Association of Collegiate Director's of Athletics, and the National Association of Basketball Coaches. Before moving to the area, Jill spent ten years working at Waldorf University in various roles

– Admissions Counselor, Assistant Women's Basketball Coach, Women's Basketball Recruiting Coordinator, Assistant Director of Admissions, and Associate Director of Admissions. She currently works at Rolfes @ Boone.

Sadie Collins is a St. Patrick's Day baby, born on March 17, 2019. This basketball-loving family enjoy going "home" to UNI events and visiting their families. Otherwise, B.J. enjoys history, playing golf, going to live music venues, watching sports and movies, and trying out new breweries. Jill is a huge Minnesota Lynx fan, enjoys scrapbooking, shopping, jewelry, wineries, and coffee houses. Sadie loves swimming at her Aqua Babies/Tots class, bath time, story time, rolling around on the floor, and guzzling her bottle!

Charles Sondrol

Charles was raised on a farm in Worth County, Iowa, but the mailbox was listed as Evans, Minnesota. He lived right on the line, he said, so all the kids went to Minnesota to school. He is 91 years young with a birthday coming up on August 18. 1957 was the year he enlisted into the Navy. Charles originally belonged to Bethesda when it first opened its doors downtown in 1957. He lived in Story City for awhile and now resides at Northridge Village here in Ames and we can happily say is back home at Bethesda.

He raised three children. Danny who is here in Ames, a daughter in Muscatine and another son who has since passed. All three were graduates of Ames High School. He also has seven grandchildren and seven great-grandchildren. Charles enjoyed traveling and he also enjoys saving coins. He estimates he has around 30-lbs. of silver and half-dollars in his collection.

Lana Stoelting

I grew up in Clear Lake, Iowa and graduated from ISU. I lived in Huxley seven years, and then moved to Fargo. After living in North Dakota for over 10 years, I moved back to Ames to be closer to family. When I returned to Ames in 2012, I was hired by VisionBank on South Duff, and am still there as a credit analyst. I enjoy going for walks, vacationing in Northern Minnesota, working on house projects, and volunteering with Habitat for Humanity. I like spending time with my dog and two cats, and enjoy living closer to my parents who reside in Ames, and my brother and sister-in-law who live in Johnston.



Jana Tschopp

I was originally adopted and lived the first six years of my life in Cedar Rapids, Iowa. My family (mom, dad, older brother Doug) moved to Ames where I went to school through my second year of college (ISU). I got married, and soon had my son, Dana. When he was in high school in Ankeny I returned to Iowa State to complete my BS and my MA in anthropology, focusing primarily on cultural anthropology and archeology. I moved out to northern Arizona, where I worked with the Hualapai Tribe and the Navajo along the southern rim of the Grand Canyon putting my degrees to good use. After approximately three years there, I moved down south to Tucson, where I worked for the county doing archeological assessments/due diligence before the county could begin digging to prevent archeological sites from being harmed. Four years ago I moved back to Ames because my mother's Parkinson's Disease had become more prominent and I wanted to spend more time with her at Northcrest. A friend recommended Bethesda to me as a church I would feel comfortable in, and I joined the Bethesda family about a month ago. My son has since gotten married and works in San Francisco as an IT engineer, and I am a proud grandparent of two young boys.





We Do Outreach!

The Christian Service, Mission, and Outreach Board is getting up and running and is welcoming ideas to support local charities and volunteer organizations. If you have a local charity or organization you would like to see Bethesda support, please reach out to Cheyenne Steward, Ann Hein or Pastor Ryan. We are working to come up with consistent volunteer opportunities for the congregation to take part in that will create a positive impact in the community. Watch for more information coming soon on how you make a difference in the Ames area while building community here at Bethesda.

VOYAGERS Adult Forums 10:40 am in Centennial Hall



September 8

The Voyagers Adult Forum on September 8 will be titled “Gathering, Word, Meal and Sending.” We will read Bishop Elizabeth Eaton’s June 2019 *Living Lutheran* one page article, share our thoughts on her message to the Evangelical Lutheran Church in America, and reflect among ourselves how we at Bethesda understand the bishop’s message. Retired Pastor Russ Melby will facilitate the conversation. Copies of the article will be provided. All are welcome.

September 15

“50 Years of Hunger Walks,” will celebrate the 50th anniversary of the first Church World Service walk for hunger. Rod Fischer will lead this presentation about Ames CROP Walk, and inspire us to walk to eliminate hunger, on October 13.

September 22

Pastor Artis Petersons from Latvia speaking on “Peacemaking.”

September 29

Bob Anderson from The Gideons International will speak.

October 6

Pastor Chris Cowan will present “Peace Not Walls,” an up-to-date account of the situation in Palestine and Israel.

The Wellspring is published quarterly by Bethesda Lutheran Church, a Congregation of the Southeastern Iowa Synod, Evangelical Lutheran Church in America

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WORSHIP SCHEDULE

Saturdays (Modern) @ 5:30 pm

Sundays (Traditional) @ 9:30 am

Wednesdays (Midweek Renewal) @ 6:30 pm (resumes Sept. 4)

SPLASH Faith Formation / VOYAGERS Adult Forums / Coffee Fellowship
Sunday after service @ 10:40 a.m.

Church Office Hours

9:00 a.m. - 4:00 p.m. Monday - Thursday

9:00 a.m. - Noon Friday

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NOTE: please contact Lisa Ailshie at 232-6256 or contact@BethesdaAmes.org with requests/comments regarding this newsletter, or to submit an article for the Winter issue (deadline October 31, 2019)

All submissions to Bethesda Lutheran Church's *The Wellspring* newsletter are subject to editing for clarity, space, and content.

Artwork credit for this month's *Wellspring* cover photo:



Ames CROP Walk

~ Rod Fischer Ministry Team Leader

1) Woodstock. 2) America puts the first man on the moon. And—3) Church World Service (CWS) holds their first hunger walk in Bismarck, North Dakota. These are just a few of the memorable events of 1969!

Join the Ames CROP Walk on **Sunday, October 13**, as we remember that first hunger walk a half century ago! As part of that commemoration this year, the local CROP committee is giving away t-shirts to any adult who donates and participates in the walk on October 13.



The walk begins and ends at Brookside Park in Ames. Registration begins at 1 pm and the walk starts at 1:30. The walk is held in rain, sun or snow! (Last year's walk saw a temperature of 36 degrees and snow flurries fell during the

3½ mile walk. We still had 125 individuals brave the miserable conditions and walk!)

You can donate now by going on-line to www.crophungerwalk.org/amesia/. You can make a donation to the Bethesda Lutheran Church team or create your own team and invite friends and family to make a donation to fight hunger in your name. Remember that 25% of the money raised locally stays in Story County. The Ames CROP Committee donates to Calvary Food Shelf, Food at First, Good Neighbor Emergency Assistance, Loaves and Fishes, Mid- Iowa Community Action, the ISU student food pantry called SHOP (Students Helping Our Peers) and our own Community Food Pantry at Bethesda.

Another unique feature of this year's walk is the 75% of the walk money we return to CWS will benefit one specific project. Our committee chose to help the residents in the Gran Chaco region of South America in their quest for getting access to clean water. You can find out more about this project by clicking this link: <https://cwsglobal.org/water-in-the-chaco/>.

As in years past, there will be a CROP table for you to make a donation after services during these fall weekends: September 21/22 and 28/29, and October 5/6.

Please consider supporting the fight against hunger!

Choral Ensembles

~ Mark Kretsinger-Harries

Music and Worship Director

Bethesda's choral ensembles are back in action for another season! Beginning after Rally Sunday, rehearsals will be part of the Living Water Wednesday evening schedule:

5:30-6:00 pm **Choristers** (children grades 3-8)
7-8:00 pm . . **Bethesda Choir** (adults including HSchool)

Also, we have an exciting opportunity this fall: The Bethesda Choir will be joined by four select "**Choral Scholars**" from ISU. Please help us welcome these students to the Bethesda community as they seek new musical and community experiences outside of campus!

And of course, the pick-up "**Sunday Choir**" will continue to meet occasionally throughout the year, learning fun, accessible music immediately before Sunday worship. Keep an eye out for dates as they are announced.

Contact Mark Kretsinger-Harries if you are interested in joining any of these wonderful ensembles! (mkharries@bethesdaames.org)



Thank you, Bethesda, for your generosity in allowing us to offer our **Harrison Barnes Reading Academy—Summer Reading Buddies program** to children in your Commons. The mission of Raising Readers in Story County is to improve language and literacy development in children from birth to age eight and nurture healthy parent-child relationships. You assist us in this mission as our Summer Reading Buddies Program offers one-to-one literacy tutoring instruction for children in Kindergarten through third grade.

This summer we had 20 children and 13 tutors at your site. Our students across all nine sites surpassed Harrison Barnes' goal of 90,000 minutes with a total of 98,452 minutes read during our six-week program! This accomplishment would not have been possible without your support as a site location—thank you!

Bethesda Lutheran Church
1517 Northwestern Avenue
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