


2021 REVERSE ADVENT CALENDAR

Each day add an item to a box.
On Christmas Eve or after Christmas donate the contents
to the Bethesda Community Food Pantry.

SUN	MON	TUE	WED	THU	FRI	SAT
			box of cereal 1	can of Spaghettios 2	bag of rice 3	bottle of juice 4
pancake mix 5	pancake syrup 6	bottle of vegetable oil 7	box of crackers 8	can of soup 9	box of Hamburger Helper 10	a gluten-free food product 11
bag of dried beans 12	box of macaroni and cheese 13	cake mix 14	frosting mix 15	can of vegetables 16	can of diced tomatoes 17	peanut butter 18
your favorite snack item 19	spaghetti sauce 20	box of pasta 21	granola bars 22	bag/box of cookies 23	chicken or beef broth 24	bottle of ketchup or mustard 25
<p><i>The Bethesda Community Food Pantry demonstrates Jesus' love for others by providing supplemental food to all who ask.</i></p>						
26	27	28	29	30	31	 SATURDAYGIFT

SUGGESTED ITEMS FOR FOOD PANTRY DONATIONS

GROCERIES

Mac and cheese
Canned meats, tuna
Canned ravioli, chili
Canned spaghetti(os)
Canned vegetables
Granola bars
Peanut butter
Pre-packaged meat
Dried beans, rice
Ramen noodles
Pasta
Brownie, cake mixes
Frosting
Condiments
Hamburger Helper
Canned soup, stew
Canned beans
Sloppy Joe
Spaghetti sauce
Canned fruit
Jello, pudding
Popcorn
Juice
Spaghetti
Tomato sauce
Potatoes (dehydrated)
Cereal
Cornbread mix
Flour
Sugar

Mustard
Ketchup
Syrup
Jelly, jam
Raisins, dates
Taco shells, seasoning
Ensure
Shelf-stable milk
Gluten-free food

PERSONAL CARE

Deodorant
Shampoo, conditioner
Toilet paper
Toothpaste
Toothbrushes
Floss
Diapers, wipes
Dish soap
Cleaning supplies
Laundry supplies
Paper towels

Dog and Cat Food