

FOURTH WEEKEND  
AFTER EPIPHANY

Saturday  
February 1, 2020

Sunday  
February 2, 2020

*Filled to be Emptied*



Bethesda Lutheran Church  
GATHER...GROW...GO



A congregation of the Southeastern Iowa Synod, Evangelical Lutheran Church in America (ELCA)

# Welcome

A special welcome to those new to worshipping with us—we're glad the spirit has called you here! If you don't already have a church home and would like to join ours, please fill out a Welcome/Prayer Request card (Saturday cards are inside the bulletin; Sunday cards are in the pew hymnal racks), and place it in the offering plate.

## OUR MISSION

GATHER all people into a living relationship with Jesus Christ  
GROW as disciples by worship, prayer and study of God's Word  
GO into the world to share the gospel in word and deed

### Grow in God's Word

**Feb. 8/9:** Mark 14:12-25

A SERMON SERIES

For Such a Time as This:  
"The Gift of Brokenness"

Children are welcome! Age-appropriate activities during worship are available in "Busy Bags" at the main entrance to the Sanctuary. Tides & Tots, a staffed Nursery with private lactation room is available on the first floor each Saturday, Sunday, and Wednesday.

Holy Communion is available to all believers. Bread, wine (red), and grape juice (white) served. Gluten-free wafers are available.

Large-print editions of weekend worship services are available. Please ask an usher. Sanctuary worship: Assistive devices for the hearing-impaired are available. Please ask an usher.

## WORSHIP SCHEDULE

**Saturday . . . . . 5:30 pm**

### MODERN

First Saturday of each month

Café Bethesda (fellowship/treats) . . . . . 5:00 pm

**Sunday . . . . . 9:30 am**

### TRADITIONAL

Coffee Fellowship . . . . . 10:40 am

VOYAGERS Adult Forum . . . . . 10:40 am

SPLASH Faith Formation. . . . . 10:45 am

**Wednesday . . . . . 6:30 pm**

### MIDWEEK RENEWAL

GATHER



## Winter Family Fun!

Invite a friend to join SUPER SUNDAY at Seven Oaks. \$25 per person (includes ski/snowboard rental + lift ticket. Sign-up and pay securely online at <https://tinyurl.com/yfuby8cx>. Or sign-up at the Welcome Center and submit payment to the church office. **Deadline for payment is Feb. 2.**

## Dan Hinderaker Reception

Join us in the Commons after worship **THIS Sunday, February 2**, as we thank Dan Hinderaker for his service, and share cake!

# Bethesda Opportunities

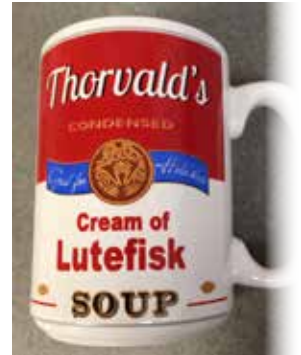


Sign up at the Welcome Center or online at <https://bethesdaames.org/2020-chili-cook-off/>



## SOUPER BOWL This Weekend!

Please remember those all around us for whom food can be a matter of survival—not frivolity. That's where this weekend's Bethesda Souper Bowl comes in. Our offering during service will expand to include these tangible gifts (*well, maybe all but Lutefisk soup!*). Thank you for helping to keep the shelves—and our neighbors—full of goodness.



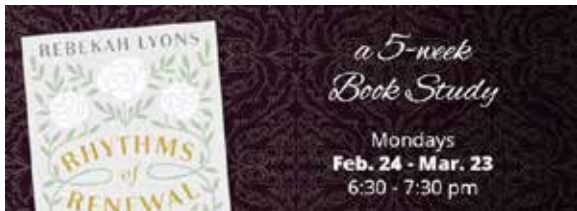
## GUSTAVUS CHOIR

BRANDON DEAN, CONDUCTOR

> SUNDAY, FEBRUARY 9 | 3 P.M. <  
 BETHESDA LUTHERAN CHURCH  
 1517 Northwestern Ave. | Ames, Iowa 50010

Open to the public. A freewill donation will be accepted.

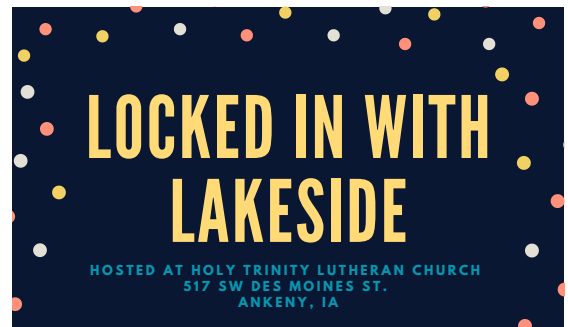
  
 GUSTAVUS ADOLPHUS COLLEGE



## *Rhythms of Renewal*: A Book Study

MONDAYS @ 6:30PM BEGINNING FEB. 24

Daily struggles with anxiety and stress make it difficult to receive God's peace. *Rhythms of Renewal* will help you trade your anxiety for the vibrant life you were meant to live through four profound rhythms: rest, restore, connect, and create. Sign-up at <https://tinyurl.com/uwbpggk>. Copies of the book are available for purchase in the church office. Payment (\$15) can be made at the first evening session.



## Locked In With Lakeside

For 6th-8th grade students, hosted at Holy Trinity Lutheran Church in Ankeny—February 21-22 . . . 7:00pm–7:00am. **Register by Feb. 7 for only \$20!** St. Andrew's students will be there too!

# Saturday, February 1

GATHERING SONG 1: ***Build Your Kingdom Here***

WELCOME

CALL TO WORSHIP

Our souls magnify the Lord,

**And our spirits rejoice in God our Savior,**

For he has looked with favor on the lowliness of his servants,

**Surely, from now on all generations will call us blessed;**

For the Mighty One has done great things for us,

**And holy is his name.**

GATHERING SONG 2: ***King of Kings***

PRAYER OF THE DAY

**Holy God, you confound the world's wisdom in giving your kingdom to the lowly and the pure in heart. Give us such a hunger and thirst for justice, and perseverance in striving for peace, that in our words and deeds the world may see the life of your Son, Jesus Christ, our Savior and Lord. Amen.**

READING: Acts 2:42-47

CHILDREN'S MESSAGE

SERMON: "Filled to be Emptied"

SONG OF THE DAY: ***Come, Thou Fount***

AFFIRMATION OF FAITH

PRAYERS OF INTERCESSION . . . Hear us, O God.

**Your mercy is great.**

PEACE

WORDS OF INSTITUTION

LORD'S PRAYER

INVITATION TO COMMUNION

Come to the banquet, for all is now ready.

**Thanks be to God.**

COMMUNION SONG: ***Come to the Table***

BLESSING AFTER COMMUNION

PRAYER AFTER COMMUNION

**Faithful God, you have kept your promise to us in this meal, nourishing us with the gift of salvation. Now send your servants forth in peace, that we may testify to your goodness and share the hope that is ours in Jesus Christ, our Savior and Lord. Amen.**

ANNOUNCEMENTS

BLESSING

SENDING SONG: ***And All the People Said Amen***

DISMISSAL

Go in peace. Let your light shine.

**Thanks be to God.**

SENDING MUSIC

# Sunday, February 2

## GATHERING

PRELUDE: "O Day of Rest and Gladness" (M. Burkhardt)  
PROCESSIONAL HYMN: ***O Day of Rest and Gladness*** (Red #521)  
CONFESSION and FORGIVENESS (Red p. 117)  
GREETING / KYRIE (Red p. 138)  
CANTICLE OF PRAISE (Red p. 139)  
PRAYER OF THE DAY  
WELCOME

## WORD

READING: Acts 2:42-47 (Pew Bible p. 886)  
CHILDREN'S MESSAGE  
SERMON: "Filled to be Emptied"  
HYMN OF THE DAY: ***Blest Be the Tie That Binds*** (Red #656)  
APOSTLES' CREED (Red p. 127)  
PRAYERS OF INTERCESSION . . . Hear us, O God.      **Your mercy is great.**  
PEACE: The peace of Christ be with you always.      **And also with you.**

## MEAL

OFFERING  
OFFERTORY: "I Love to Tell the Story" (E. L. Diemer)  
OFFERING PRAYER  
GREAT THANKSGIVING (Red p. 144)  
WORDS OF INSTITUTION  
LORD'S PRAYER (Red p. 145)  
INVITATION TO COMMUNION *All are welcome at the Lord's table. Red is wine; white is grape juice.  
Gluten-free wafers available.*  
LAMB OF GOD (Red p. 146)  
HYMNS: ***Let Us Break Bread Together*** (Red #471)  
***I Love to Tell the Story*** (Red #661)  
COMMUNION BLESSING & PRAYER

## SENDING

ANNOUNCEMENTS  
BLESSING  
SENDING HYMN: ***What a Fellowship, What a Joy Divine*** (Red #774)  
DISMISSAL  
POSTLUDE: "What a Fellowship, What a Joy Divine" (D. Cherwien)

# Service, Mission & More



## Scandinavian Coffee

### 2020 Gift Shop News

Grandma's Attic will return to the Scandinavian Coffee Gift Shop in 2020. We would love to be the recipient of items that you no longer want but are too pretty/valuable to dispose of casually. **A form is available at the Welcome Center for you to fill out so that we know if you want your items returned if the item does not sell.** We will be giving all items that don't sell--and that the owner doesn't want back--to Affordables in Story City to benefit the Bethany Life Foundation. Items may be brought to the Church Office or call/email Jeanne Stewart to pick them up (515-291-8968 or [jwstewart1@gmail.com](mailto:jwstewart1@gmail.com)). *Tack så mycket!*



## Voyagers Adult Forums

### THIS SUNDAY, FEB. 2 AFTER WORSHIP

**Russ Melby** will facilitate "Catholic Zionism" based on an article from the January 2020 "First Things Journal." The essay is written by Gavin D'Costa, the author, most recently, of Catholic Doctrines on the Jewish People after Vatican II.

### SUNDAY, FEB. 9 AFTER WORSHIP

"Journey through the Psalms"—The Psalms are some of the most familiar content in the Bible, though many are hard to understand. **Join Intern Pastor Sonja Gerstenberger** as we take a journey through the Psalms and the overall structure of the Psalter, examples of types and purposes, and ways to use the Psalms in everyday life.

### SAT & SUN, FEB. 22/23 AFTER WORSHIP

**Join Diane Pierce for one of TWO Voyagers forums (Saturday AND Sunday!)**—a

presentation from "Ames Sanctuary Interfaith Partners (ASIP)." Come learn what is happening in Ames—real stories from real people. And what this group is planning to do about it, and how you can get involved.



## Financial Peace @ Bethesda

**Sundays: 4-5:30pm .. Mar. 1-May 3**



**Take control of your money with**

Financial Peace University (FPU)! This course uses biblical wisdom and common sense to help you tackle budgeting, pay off debt, and make your money work for you! FPU includes your member workbook and a year of free online resources through Financial Peace Membership. **Sign up**

**TODAY at [fpu.com/1112587](http://fpu.com/1112587).** Contact Denny Howell or Pr. Bryan for more information.

## PRAYER AT BETHESDA

**HEALING:** Bob Ahlstrom, Hattie Sue Ball; Don Borchering; Evan Bay Brakke; Katie Brockmeir (granddaughter-in-law Ruth Brockmeir); Alta Byg; Ginny Hade (daughter-in-law Dick & Darlene Hade); Marla Larson; April Lawson (mother Gage Kelly); Riley Mahoney (granddaughter Phil & Kathy Harris); Bill Marion; Denise Meier—spinal surgery Feb. 3 (daughter Sande Larson); Stewart Melvin (leg surgery); John Nervig; Dean Newlon; Charlie Ricketts; Jane Schill; Trish Swanson; Jana Tschopp; Lorrie Woolery

**SERVING OUR NATION:** Colonel Mark Kappelmann, (D.C.), son of Glenn & Mary Kappelmann  
Kristin Murray, Diplomat (US Embassy, Rabat, Morocco), daughter of Russ & Jan Melby



# Current @ Bethesda

## SATURDAY, FEBRUARY 1

- 4:20 pm Praise Team Rehearsal . . . . . Commons
- 5:00 pm Souper Bowl Food Drive
- 5:00 pm Café Bethesda . . . . . Commons
- 5:30 pm Tides & Tots . . . . . Nursery
- 5:30 pm Worship ~ Splash Singers. . . Commons

## SUNDAY, FEBRUARY 2

- 9:00 am Souper Bowl Food Drive
- 9:30 am Tides & Tots . . . . . Nursery
- 9:30 am Worship . . . . . Sanctuary
- 10:40 am Coffee Fellowship ~ Dan Hinderaker  
Cake Reception . . . . . Commons
- 10:40 am Voyagers Adult Forum:  
"Catholic Zionism" . . . . . Centennial
- 10:45 am Splash Faith Formation . . . . . #209
- 7:30 pm Flood. . . . . #206/208

## MONDAY, FEBRUARY 3

- 6:30 am Tai Chi . . . . . Centennial
- 9:00 am Community Food Pantry
- 9:30 am Community Clothing Closet
- 9:30 am Staff Worship. . . . . Sanctuary
- 10:30am Weekly Staff Meeting. . . . . Conference
- 1:00 pm LWR Sewing Group . . . . . Centennial
- 7:00 pm Boy Scout Troop #140. . . . . Centennial

## TUESDAY, FEBRUARY 4

- 7:00 am Men's Bible Study . . . . . The Café
- 10:00 am Tai Chi . . . . . Centennial
- 1:00 pm Community Food Pantry
- 6:30 pm Community Food Pantry
- 6:30 pm Community Clothing Closet

## WEDNESDAY, FEBRUARY 5

- 6:30 pm Tai Chi . . . . . Centennial
- 9:30 am Community Clothing Closet
- 10:00 am Community Food Pantry
- 1:30 pm Piano Tuner
- 5:30 pm Choristers Rehearsal . . . . . Music #100
- 5:30 pm Carillon Choir Rehearsal . . . Conference
- 5:30 pm LWW Fellowship Meal . . . . . Commons
- 6:30 pm Tides & Tots . . . . . Nursery
- 6:30 pm Midweek Renewal Worship. . . Sanctuary
- 7:00 pm OASIS (6-8th grade) . . . . . #209
- 7:00 pm Bethesda Choir Rehearsal . Music #100

## THURSDAY, FEBRUARY 6

- 9:00 am Women's Bible Study. . . . . Conference
- 1:00 pm Community Clothing Closet
- 1:00 pm Community Food Pantry
- 1:30 pm Conference 1 Clergy Study  
. . . . . Conference
- 5:35 pm ACA Rehearsal . . . . . Commons
- 6:00 pm New Member Team. . . . . Crossroads

## FRIDAY, FEBRUARY 7

- 6:30 am Tai Chi . . . . . Centennial

## SATURDAY, FEBRUARY 8

- 8:00 am ACA Retreat . Music #100/Centennial
- 4:20 pm Praise Team Rehearsal . . . . . Commons
- 5:30 pm Tides & Tots . . . . . Nursery
- 5:30 pm Worship. . . . . Commons

## SUNDAY, FEBRUARY 9

- 9:30 am Tides & Tots . . . . . Nursery
- 9:30 am Worship . . . . . Sanctuary
- 10:40 am Coffee Fellowship . . . . . Commons
- 10:40 am Voyagers Adult Forum:  
"Psalms" . . . . . Centennial
- 10:45 am Splash Faith Formation . . . . . #209
- 3:00 pm Gustavus Adolphus Choir Concert  
. . . . . Sanctuary
- 4:00 pm Super Sunday: Seven Oaks Family Ski
- 7:30 pm Flood. . . . . #206/208



**515-509-0809**

Thanks for the great job removing the pin oak tree outside the Welcome Center!

~ Bethesda Facilities Team

## WORSHIP PARTICIPANTS

Ministers . . . . .	<i>Pastor Ryan Arnold, Intern Pastor Sonja Gerstenberger</i>
Saturday Praise Band . . . . .	<i>Trace Houge Brakke, Christine Brinkmeyer, Karter Ewing, Ed Kaizer, Nick Kaizer, Rod Kern, Kay Nelson, Katherine Werner, Jeff Widen</i>
Saturday Hosts . . . . .	<i>Gage Kelly, Weber Family</i>
Saturday Lay Readers . . . . .	<i>Jan Peterson, Jacob Weber</i>
Saturday TVs . . . . .	<i>Joann Short-Byrd</i>
Saturday Sound Tech . . . . .	<i>Nick Kaizer</i>
Sunday Lay Assisting Minister . . . . .	<i>Carolyn Ahlstrom</i>
Lay Reader . . . . .	<i>Kay Faaberg</i>
Organist . . . . .	<i>Mary Nelson</i>
Sound Tech . . . . .	<i>Jim Stewart</i>
Greeters . . . . .	<i>Gary &amp; Sharon Gabrielson</i>
Ushers . . . . .	<i>Jim Duea, Dave Hansen, Ken Janssen, CJ Lundvall, John Lundvall, Julianne Lundvall</i>
Communion Assistants . . . . .	<i>Jim &amp; Jeanne Stewart, Carter Woodcock</i>
Coffee Fellowship . . . . .	<i>Brian &amp; Janell Meyer, Lise Rollins</i>

## CONTACT INFORMATION

Joyce O'Donnell, Council President . . . . .	<a href="mailto:joyceodonnell01@gmail.com">joyceodonnell01@gmail.com</a>
Bryan Simmons, Lead Pastor . . . . .	<a href="mailto:bsimmons@BethesdaAmes.org">bsimmons@BethesdaAmes.org</a>
Ryan Arnold, Associate Pastor . . . . .	<a href="mailto:rarnold@BethesdaAmes.org">rarnold@BethesdaAmes.org</a>
Sonja Gerstenberger, Pastoral Intern . . . . .	<a href="mailto:sgerstenberger@BethesdaAmes.org">sgerstenberger@BethesdaAmes.org</a>
Miriam Chadima, Volunteer Coordinator . . . . .	<a href="mailto:mchadima@BethesdaAmes.org">mchadima@BethesdaAmes.org</a>
Lindsay Peters, Youth Ministries Specialist . . . . .	<a href="mailto:lpeters@BethesdaAmes.org">lpeters@BethesdaAmes.org</a>
Mary Nelson, Lead Organist . . . . .	<a href="mailto:mnelson@BethesdaAmes.org">mnelson@BethesdaAmes.org</a>
Mark Kretsinger-Harries, Director of Music and Worship . . . . .	<a href="mailto:mkharries@BethesdaAmes.org">mkharries@BethesdaAmes.org</a>
Ed Kaizer, Saturday Music Coordinator . . . . .	<a href="mailto:kaizerjazz@gmail.com">kaizerjazz@gmail.com</a>
Nick Kaizer, Carillon Choir Director . . . . .	<a href="mailto:kaizertrumpet@gmail.com">kaizertrumpet@gmail.com</a>
Lisa Ailshie, Communications Manager . . . . .	<a href="mailto:lailshie@BethesdaAmes.org">lailshie@BethesdaAmes.org</a>
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Cliff McDonald, Accounting Manager . . . . .	<a href="mailto:cmcdonald@BethesdaAmes.org">cmcdonald@BethesdaAmes.org</a>
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Linda Fevold, Database Coordinator . . . . .	<a href="mailto:lfevold@BethesdaAmes.org">lfevold@BethesdaAmes.org</a>
Curtis Malone, Assistant Custodian . . . . .	



**Office Hours**  
 Monday–Thursday  
 9:00 a.m.–4:00 p.m.  
 Friday  
 9:00 a.m.–Noon

**Bethesda Lutheran Church**  
 | GATHER...GROW...GO  
 1517 Northwestern Ave. Ames, IA 50010  
 515-232-6256 [www.BethesdaAmes.org](http://www.BethesdaAmes.org)

**Worship Schedule**  
 Saturday . . . 5:30 p.m.  
 Sunday . . . 9:30 a.m.  
 Wednesday . . . 6:30 p.m.  
 (monthly in summer)